

Out and About

» PROTECT YOUR PROPERTY



Dos and Don'ts to help you hold on to your possessions.

DO

- » Be aware of your surroundings when using your phone, either texting, talking or listening to music.
- » Always keep alert when using ATMs.
- » Be wary of anyone who comes up to you to ask for the time, or separates from a group to talk to you while you are walking alone. If you are concerned you are being followed or are at risk, get somewhere safe and call Police.
- » Keep a firm grip on your possessions at all times.
- » Be on the alert for anyone who appears to be following you, or acting suspiciously.

DON'T

- » Carry large amounts of cash or valuables in your bag or pockets.
- » Leave your possessions in an unattended vehicle, even if they are concealed from view. Thieves break into cars, know where hiding places are, and will also look in the boot for property to steal.



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» PROTECT YOURSELF



GETTING HOME AT NIGHT

- » If out socialising, stick with your friends.
- » Keep some money aside for a taxi home.
- » Keep your cell phone where you can reach it.
- » If you do find yourself on your own, avoid dark and isolated places, walk close to the gutter rather than beside shop doorways, and walk facing the traffic.

IF YOU THINK SOMEONE IS FOLLOWING YOU

- » Keep looking ahead and walk briskly.
- » Cross the road and see if they follow.
- » If they do, go to the nearest place where there are people.
- » Dial 111 and ask for Police.

IF A DRIVER STOPS AND ASKS YOU FOR DIRECTIONS

- » Be polite but stay out of reach.
- » If you don't trust them, walk away quickly in the opposite direction.
- » Don't accept a lift from a stranger.

WHAT TO DO IF YOU ARE ATTACKED

- » Try to escape and get to safety. Then dial 111 and ask for Police.
- » Unless it is absolutely necessary to defend yourself to avoid harm, the best thing to do is to move away, avoid a confrontation, call Police and provide them with a good description.